A night to explore the art and science of human emotions

From down in the dumps to over the moon, explore the art and science of human emotions: the technologies we develop, the behaviours we adopt, the languages we create to make sense of ourselves and each other.

Express your funny feelings through laughter therapy, discover how stress affects the way we think, feel and act, experience live performances, design your own emoji, or attend one of our evening talks.

Curated by Alice Carey and Elsa Richardson.

Tickets for ticketed events are available from 18.30 in the Williams Lounge, level -1.

DISCUSSION
The History of Emotions
Auditorium, level -1

DISCUSSION
The Unpredictable Lightness of Feelings
Auditorium, level -1

DISCUSSION
From Ambiguphobia to Umpty: inventing emotions, discovering ourselves
Forum, level 1

WORKSHOP
Emotional Workout Session
Forum, level 1

Please arrive at ticketed activities 10 minutes early. Latecomers and individuals seeking re-entry will not be admitted.

A small number of waiting list tickets will be offered once tickets sell out.

If there are any spaces left in an event after ticket holders enter, waiting list ticket holders will be invited to enter in the order they arrived in.

Wellcome Collection is part of the Wellcome Trust. The Wellcome Trust is a charity registered in England and Wales, no. 210183. MP-6460.3/2.5K/01-2016/MC.
Don’t forget to visit the exhibitions
All our exhibitions are open tonight. Find your inner calm in Tibet’s Secret Temple on level 0 or explore ideas of consciousness in the newly opened States of Mind on level 1.

Credits: Curated by Alice Cary and Elsa Richardson. With thanks to Louise Tolton, Emily Wiles and the Wellcome Collection staff.

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**LEVEL -1**

**Auditorium**

**DISCUSSIONS**

Learn about our complex relationship with emotions in these half-hour talks.

The History of Emotions 19.30–20.00 | TICKETED*

Are your emotions innate or shaped by historical circumstance? Join historian Thomas Dixon on a fascinating tour through our changing passions, affections, sentiments and feelings.

Susie Orbach in conversation with Jacqui Dillon 20.30–21.00 | TICKETED*

Susie Orbach in conversation with writer and psychotherapist and writer Jacqui Dillon. The Unpredictable Nature of Feelings 21.30–22.00 | TICKETED*

What can the nervous system tell us about the experience of love? Scientist and writer Giovanni Frazzetto will explore the promise and limitations of neuroscience in helping us to understand our most intimate emotions.

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**LEVEL 1**

**Wellcome Café**

**EAT & DRINK**

18.00-23.00

Bompas & Parr: Turbo-charged emotions

With uppers and downers including honey goat weed and ashwagandha in the mix, choose a cocktail to match or even alter your mood, from melancholic to euphoric. Cheers!

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**LEVEL 2**

**Reading Room**

**ACTIVITY**

19.00-23.00 | DROP IN

Bompas & Parr: Turbo-charged emotions

Another chance to get a cocktail to match your mood at our pop-up bar in Medicine Now.

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**LEVEL 3**

**Forum**

**WORKSHOP**

19.00–23.00 | TICKETED*


*Tick for ticketed events

Lease your inhibitions at the door for a trio of workshops to set pulses racing. Express your funny feelings in a laughter therapy session; explore the role of fear in love, life and sex with kink educator and professional Dominatrix Max Absolute; and learn about responses to danger with a professional fight director. Contains discussion of sexual matters.

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**LEVEL 4**

**PERFORMANCE**

Each of our performances explores the emotional traces, records, this sound work on psychiatric and asylum patients’ fragmented live performance. Drawing on the Wellcome Library archives. Keep an ear out for the soundclips.

**FILM**

Emotions on Film 19.00–23.00 | DROP IN

How have modern doctors tried to address the emotional needs and mental wellbeing of their patients? Gain new perspectives on this evolving therapeutic relationship with a programme of archive films from the Wellcome Library Moving Image Collection, selected by curator and historian Elsa Richardson. Features frank discussion of depression, suicide and controversial treatment methods.

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**INSTALLATION**

Site-specific intervention by artist Nina Wakeford 19.00-23.00 | DROP IN

Artist Nina Wakeford produces a visual intervention in the Reading Room which addresses the affects of gendered solidarity using female voices.

**Viewing Room**

**GAMES**

Robin, the autonomous, social toddler robot 19.00-23.00 | DROP IN

Meet Robin, the autonomous, social toddler robot. His biologically inspired emotional systems let him make seemingly natural adaptive decisions – come and interact with him in his playpen to find out more.

**Stairwell**

**PERFORMANCE**

Reconstruction of a Romance

Have your heart broken by songs of love and betrayal courtesy of our resident troubadour, artist Beatrice Loch Schub.